

Southern Cross Early Childhood School



Newsletter 13 | Monday, 19 October 2020

Respect | Resilience | Kindness | Creativity

DATES TO REMEMBER

Monday 19 – Friday 23 October
BOOK WEEK

Tuesday 20 – Friday 23 October
Scholastic Book Fair

Monday 19 October | 9.30
Book Week Parade
Guginya & Wamburrang

Tuesday 20 October
INCURSION Shell Questacon Science Circus

Wednesday 21 October
INCURSION Shell Questacon Science Circus

Thursday 22 October | 9.10
Book Week Parade

Monday 26 – Friday 30 October
CHILDREN'S WEEK

Wednesday 28 October
Outdoor Learning Day

Wednesday 28 October
Official Opening of Slide Mountain

Wednesday 28 October | 7.00-8.30
P&C Meeting

Thursday 29 October
Outdoor Learning Day
Bunduluk & Dnnawan

Dear Families

Welcome back to Term 4 everyone! The children had such a great week connecting with friends and continuing their learning. As always, term 4 will be busy so please keep an eye out for calendar updates and events.

Thank you to everyone for being so welcoming and kind during my first week. My head and heart are full after getting to know the children, families and staff. If I haven't yet had the opportunity to chat to you, please stop by to say hi.

Usually at this time of the year we would be hosting a variety of community events such as Bike & Kite Day and Grandparents & Grandfriends Day. Unfortunately, the ACT Education Directorate COVID-19 Roadmap is continuing to ask that we limit the number of adults/visitors to the school. Some of our regular events, such as Learning Journey will continue in a different format. We have been discussing options for our year 2 graduation and how we can ensure all families attend their children's big day. We will keep you updated as decisions are made.

Learning Journeys through Seesaw

Some of our special events, such as Learning Journey, will happen in a new COVID-19 safe way through Seesaw. Over the next few weeks, each class will be presenting a song, readers theatre or play. We will record these and post them to the class Seesaw group. In addition, each child will be recorded talking about the work they are proud of and their goal for the rest of the term. These will be posted on Seesaw to each individual family. Please make sure you check your Seesaw account over the coming weeks.



Southern Cross Early Childhood School

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☎ Telephone (02) 6142 0020

✉ Email: info@scecs.act.edu.au

🌐 Web: www.scecs.act.edu.au

Southern Cross Early Childhood School acknowledges that our children learn on Ngunnawal Land.

Children's Week

From Friday 23 October to Sunday 1 November we celebrate Children's Week, a national celebration of children's rights, talents and citizenship. Each year the theme of Children's Week highlights a particular children's right. The Theme for 2020 is Article 15 of the UN Convention on the Rights of the Child – 'Children have the right to meet with other children and young people and to join groups and organisations as long as this does not stop other people from enjoying their rights.' You can find out more information about the Convention here <https://humanrights.gov.au/our-work/childrens-rights>.

Celebrating Children's Week: Slide Mountain Official Opening

To help us celebrate Children's Week, we are officially opening Slide Mountain. Unfortunately, it cannot be the same extravagant event as when we opened the Oasis, however we will still make the event special for the children and staff. The official opening will happen at the beginning of Outdoor Learning day and all of the children will be given the opportunity to use this amazing play space throughout the day. The wonderful Lyndall Read will be attending to cut the ribbon for this special opening. This will also be a great opportunity for the children to chat to Lyndall to find out how her new school is going.



Planning Classes for 2021

Thank you to those families who have advised their plans for their child in 2021. For returning families who wish to provide feedback for class placements in 2021, please follow this link <https://forms.gle/tebizJvbC8SiWij6A>.

We will also seek your child's views about who they feel are good working partners for them as they move forward with their learning. Over the next few weeks your child will complete a sociogram where they get to nominate five good working partners who they would like to be in their class next year. You may like to talk to your child about the difference between good working partners and friends as sometimes our friends are not the best people who help us to learn. Please note that there are many aspects that need to be considered when forming classes, so whilst all feedback is gratefully received sometimes all preferences are not able to be accommodated. At this stage we are likely to have four Preschool classes, three Kindergarten classes and four Year 1/2 classes for 2021.

Warm regards,
Kelly

From Southern Cross

Shell Questacon Science Circus Presentation



The Shell Questacon Science Circus is a major outreach program from Questacon - The National Science and Technology Centre in Canberra. This is an exciting and interactive presentation covering aspects of science in everyday life. A Science Circus experience is designed to stimulate and challenge students to explore science and technology for themselves. Children across Anglicare and Preschool to Year Two will have the opportunity to attend a presentation on either Tuesday 20 October or Wednesday 21 October. There is no charge for this presentation.

Kindergarten Information Evening and Open Mornings

The **Kindergarten Information evening** will support families to set their child up for a successful transition to Kindergarten. Kindergarten teachers will discuss the learning program and allow time for you to ask any questions you may have.

When: Tuesday 3 November 2020, 5.15-6.00pm

Where: Kindergarten Classrooms

The **Kindergarten open mornings** give an opportunity for our preschool parents and carers to see a Kindergarten literacy block in action. Spend some time in our current kindergarten classes to support your understanding of what kindergarten looks and feels like at Southern Cross.

When : Monday 16 November 2020, 9.10-9.40am

or

Thursday 19 November 2020, 9.10- 9.40am

Where: Kindergarten Classrooms

RSVPs are essential to ensure we are following COVID-19 safety procedures.

Please RSVP at Reception, for both the Information evening and open mornings. Phone 6142 0020 or email

Nicole.emerton@ed.act.edu.au

Book Week Celebrations

Every year, the Children's Book Council of Australia brings children and books together in celebrating CBCA Book Week. It's a time for schools, libraries, booksellers, authors, illustrators, children and families across the country, to recognise our wonderful Australian children's literature.

This year the Children's Book Council made a decision to postpone Book Week due to COVID-19. Consequently, the annual Southern Cross Book Week celebrations will take place week 2 of term 4 (Mon 19 - Fri 23 October).

Our very popular **Book Week Parade will begin at 9:10am on Thursday 22 October in the hall.** Children in P-2 and Anglicare Munjawari and Buru groups are all invited to dress up as a favourite book character and join in the fun. Beginning of the week preschool groups, Guginya and Wamburrang, will have their own special parade around the school on **Monday 19 October at 9:30am.**

Unfortunately, families will not be able to attend these school events due to ongoing social distancing requirements. Educators will ensure, however, that video recordings and photographs will be provided to all families via Seesaw.



In keeping with the 2020 Book Week theme of 'Curious Creatures, Wild Minds', we will be holding a **Reading in the Wild Competition.** The Southern Cross community is invited to send in images of children and their families reading in outdoor locations - or any other wild and curious places you can come up with! Each entrant will receive a ticket in the lucky draw to win a \$20 Scholastic Book Club voucher. Entries can be emailed to karen.novak@ed.act.edu.au and must be received by **9am Thursday 22 October.**

Reading (and writing) in the WILD! @ Southern Cross Early Childhood School

We love it when our children go crazy about reading and writing. Bonus entry if you complete all 20!!!

Read to or with another person	Read in bed	Write a shopping list	Read under the trees	Read in the car
Play a game like Scrabble, Boggle or Find a word	Read in a blanket fort	Follow and cook a recipe	Read to a toy	Read on the lounge
Read in a park or playground	Read some instructions for a game or to make something	Write a recount of your day	Read or listen to a story or a podcast on a device	Read with a torch
Read while you are waiting in a restaurant or for an appointment	Play a game of Eye Spy – find something starting with the letter ??	Choose a crazy place to write and write anything!!!	Read something you would not normally read	Read at the pool

Get your adult to take photos of you reading and writing in as many places as possible and bring them in for a chance to win a \$20 Scholastic Voucher. Entries are due by Thursday 22 October.

Scholastic Book Fair

Scholastic Bookfair opens tomorrow, Tuesday 20 October and will finish on Friday 23 October. This year the bookfair will be different due to the restrictions in place in schools for COVID-19. Here are the steps to how you can purchase books from the bookfair.

- The children will come and look at the books with their class on Tuesday 20 October. They will write a detailed wish list with the title and cost of each book they would like to purchase.
- If families would like to purchase a book or two from the list they will need to go online to www.scholastic.com.au/payment and make the payment.
- Send the attached form filled in with the books purchased and receipt number to the front reception.
- We will then collect the books purchased and deliver them to your child's classroom to bring home.
- If the book is sold out from the stock at school, we will place a back order and let families know.
- If you wish for the books to be a surprise (early Christmas shopping) please let us know and we will arrange a time for you to pick up the books from the front reception



Please note that Friday 23 October is the last day we have access to the books, therefore we will not be able to take any more orders for the book fair after this day.

If you have any questions, please contact the school.

Outdoor Learning Day! A Day on Country

Wednesday 28 October 2020

Thursday 29 October – Bunduluk and Dnnawan

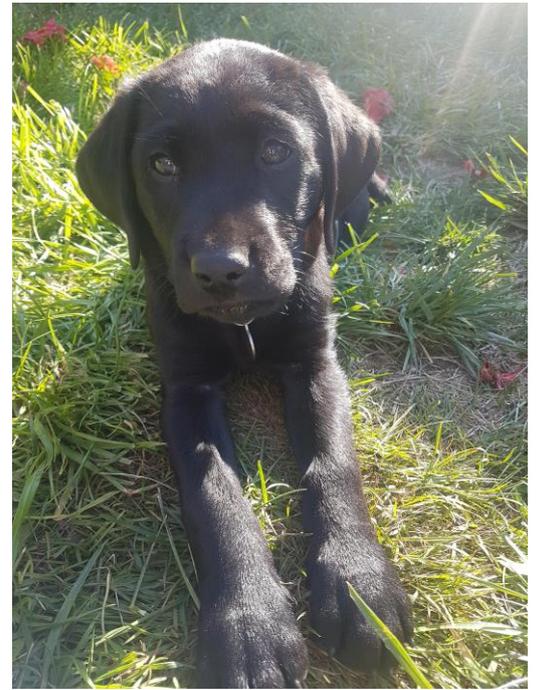
On Wednesday 28 October 2020 our whole school will be participating in the global Outdoor Classroom Day and connecting to Country. Before School Care, Childcare, P-2 and Afterschool Care will all be playing outside in our Outdoor Learning Areas for the whole day.

Children will be making their own choices about where they play. With support from their teacher at the beginning of the day and before pack away, they will have the opportunity to delve deep into understanding Curiosity and Connection: What is Curiosity? How do I show it? How do I connect to myself and understand my own needs, connect with others, connect to Country and connect ideas and knowledge?

Our playground structures such as the Treehouse and the Oasis will be open and in addition, staff will be setting up learning opportunities that include Be an Artist, Be an Explorer, Be a Mud Chef. These areas involve mud, water and sand. Please anticipate wet muddy clothes coming home. In preparation, we ask that you include a **full set of spare clothes in a plastic bag**, including spare shoes if possible. In the morning, we will explain a system for changing clothes and looking after belongings to the children, however, it can be helpful for clothes to be labelled with your child's name to save confusion or loss. We also would like to ask that you pack some extra food for hungry bodies and of course a large water bottle. Sunscreen will be re-applied throughout the day, but please apply prior to arriving at school.

Guide Dog in Training

One of our preschool families have let us know that they are raising a puppy who will become a Guide Dog in the future. The puppy's name is Cam, and he is being Puppy Raised for Guide Dogs NSW/ACT for 12 months. The family's job is to help build Cam's confidence, teach him new skills and help him to explore the community. An important part of this exploration is coming to school for drop offs and pickups so you might see him around! If Cam is wearing his orange Puppy Raising Jacket and/or his red collar, it means he is working and unfortunately cannot be patted. If you do want to wave hello, please know that he will need to sit and be calm to await the instructions of his owner first. You may see Cam around our school from week 3. If you would like to discuss this further, please do not hesitate to come and chat with us.



Lunchtime Learning Clubs

Lunchtime Learning Clubs

BEGINS: Week 2, Term 4

TIME: 11:25am to 11:50pm

FOR: Kindergarten, Year 1 & Year 2

Monday	Tuesday	Wednesday	Thursday	Friday
Art Play	Shooting Stars Music	Maypole Dancing	Garden Club	Friday Footy
Nicole	Emily	Emma	Dee	Jason
				
Winyu Classroom	Community Room	School Hall	Environment Courtyard	Outside Learning Area

Linking Families to Learning

Helpful Hints for Home

Transitions

We are approaching the end of the school year and with this comes change. For some of our children this change is a big one, moving to a new school, and for others it is moving to a new class group at Southern Cross. No matter what the change is our children can have some big emotions and worries that come with the unknown. Here are a few tips and things to consider to help you and your child over the next couple of months.

- Remember sometimes our children find it hard to understand why they are having big emotions and don't recognise it is to do with change. Therefore, we need to recognise the feeling our children are having, acknowledge it is alright to feel that way and support them with these emotions.
- Visiting your child's new school and attending any transition times will help children to become familiar with the new environment and people. This includes attending the *Southern Cross meet the teacher afternoon*. If you feel your child needs more support with transitions, please talk to your child's teacher.
- Take photos of the new environment your child will be attending so they can show other people and talk about all the new, exciting and different things they will be able to do.
- You could create a book together about change, include photos from Southern Cross and the new school.
- Make sure you have contact details of the friends your child has made here at Southern Cross so they can stay in contact.
- If starting a new school, take walks, bike rides or drives past the school regularly, especially if you will be walking or riding to school, so your child is familiar with how to get to school.
- During the week before school goes back, make sure everything is ready for the first day back at school. This includes school uniforms, school bag, lunch box, hat and anything else they will require to make the morning of the first day as smooth as possible.
- Remember children will react to how the adults around them are feeling, so try to stay calm and positive with how the first day or week will be, and this will help to support your child's feelings.

Community Hub

Southern Cross Early Childhood School

Story Time



When: Thursday mornings—Term 4 2020

Starting: Thursday 29 October 2020

Where: On the grass near the front entrance

Time: 9:05am to 9:30am



Tuning in to Kids

Emotionally Intelligent Parenting

A six-session parenting program for parents/carers of children aged 4 to 10.



Would you like to:

- learn new parenting skills?
- develop a closer relationship with your child?
- gain a better understanding of your child's needs?
- support your child to manage emotions?
- work with your child to deal with conflict?

Tuning in to Kids is a parenting program that provides practical strategies to develop children's emotional intelligence.

Children with emotional intelligence have greater success:

- making and keeping friends.
- calming themselves when upset or angry.
- coping with change.

Where: Florey Primary School
Ratcliffe Cres, Florey ACT

When: Fridays - 6 November 2020 to 11 December 2020
Time: 9:30am to 11:00am

Presenters:

Maureen Howe - Florey Primary School
Jason Thornton - Southern Cross Early Childhood School

Contact:

Jason Thornton – Community Coordinator
Phone: 6142 0020
Email: jason.thornton@ed.act.edu.au

Cost: Free

From the P&C

P&C Meeting

The next P&C meeting will be at school from 7pm Wednesday 28th October. An online option for attendance will be available. The current committee is stepping down in 2021 so we are extra superdooper keen for people to attend meetings if they can see themselves being part of the next committee. Come see how things are done and realise it's not nearly as bad as you think.

Thank you

The discos went OFF last term. Thank you to our little party people and all the volunteers that made it happen.

Tea Towel Fundraiser

Our 2020 Tea Towels are ON SALE NOW! We will be ordering a limited amount and it is first come, first served. They are \$12.50 each or if you buy three or more they are \$10 each. Buy online at

<https://www.sustainableschoolshop.com.au/southern-cross-early-childhood-school/uniform-store>.

Look for the flier in your child's bag or at reception for how to order. The design is being finalised and this year it will be orange ink on white cotton. A huge thank you to the parents and carers that are collecting the amazing self portraits.

End of Year Raffle

The 2020 raffle is going to be bigger and better than ever. If you are in a position to help us we are looking for donations to help pack our hampers in the following categories: Boxes of chocolate, wine and beer (and accessories), gardening stuff, kids fun stuff, homewares, books and anything else you think you could donate. If you have any contacts at businesses that you think they may like to donate, please ask them on behalf of the P&C. It's been a tough year for a lot of people so we understand if you are not in a position to donate. Leave donations with Nicole at the front desk.

School Clothing

We have ordered blue short sleeve polos and we are expecting them within the month. We know a few families that have been waiting for blue polos and we thank you for your patience.

The P&C is always ready to accept second hand uniforms that students have outgrown or they are moving on to a new school. Please place your donations in the marked box near reception.

From Anglicare

Walga in 2021



**Walga Nature Preschool
Program 2021**

Commencing Five
days a week
with before and
after preschool
program.



Last chance to order



We are doing it again! Did you miss out last year? Get in quick...

Fresh North Queensland Mangoes Direct from the farm to you!

If you *love mangoes*, here's your chance to indulge in fresh juicy Kensington Pride mangoes and support Anglicare's fundraising drive.

We are selling trays of mangoes picked and packed during the premium harvest.

Cost per Tray is: \$27.00 (approx. 7kgs)

Place your order before: Wednesday 28th October (week 3) 2020 for delivery Week 9 Term 4.

Payment via direct deposit: Anglicare Canberra and Goulburn
BSB: 032-719 Account No: 467863
REFERENCE: Mango (Last name)

For Further information contact: southerncross@anglicare.com.au

Money raised will be used to: Resource our Walga Nature Preschool & Before and After Preschool Programs

Community Information

Bungee Program

Bungee Youth Resilience Program



Capital
Region
Community
Services



Enhance well-being, social and emotional health through the Arts

Bungee is a resilience-building program available for children and young people that promotes emotional well-being through the arts. The program supports participants to partake in activities designed to enhance well-being and social and emotional health. Bungee offers a suite of creative programs both in schools and in community settings, as well as individual counselling.

Eligibility and Cost:

Young people aged 5-18 who are **not in crisis** and would benefit from short-term, early intervention support. All programs are free of charge and offered during the school term. Please note an **intake interview with the parents/caregivers is required** to discuss eligibility for after-school and individual counselling support. **If classes are fully booked, we offer places on waitlists.**

Individual Counselling

Individual support is available to young people aged 5-18 years to build their coping skills, resilience and self-esteem. The counselling sessions include discussion, creative activities and professional advice for parents. Up to eight counselling sessions are offered throughout a school term and are available at Kippax or Tuggeranong locations.

School-Based Programs

Bungee works with schools to provide creative resilience-building classes to small groups of eight students, over eight weeks. Schools can choose from either visual art or DRUMBEAT hand-drumming programs. The sessions are tailored to the individual skill levels, needs and interests of the students, and focus on developing new creative skills, social connections and creative self-expression. All equipment is provided.

After-School Programs

Bungee offers after-school visual art programs to small groups of eight participants, across two terms. Participants are supported to connect socially with others while developing artistic skills and exploring creative self-expression. Bungee after-school programs are available for 7-16 year olds and operate across the ACT in Belconnen and Tuggeranong locations.

For more information on specific programs or to discuss enrolment, please contact the Bungee team on 02 6264 0200 or email bungee@crs.com.au

ACT Nutrition Support Service

Lettuce Celebrate Spring Vegetables

Looking for inspiration to eat more veg?

Spring is well and truly here, and what better reminder than the fresh fruit and vegetables appearing on the grocery shelves at great prices across Canberra! Spring salad greens are at their peak right now so time to get creative and enjoy them now.

Check out our favourite spring recipes loaded with in-season veg:

[Citrus chicken salad](#)

A super salad with avocado, orange, spring onion and spinach which are all in season right now!

[San choy bow](#)

A family favourite! These funky lettuce cups are in season with spring onion, lettuce, carrot and celery.

[Avocado smash](#)

This one will guac your socks off! With tomatoes, basil, spring onion and avocados on special, it's a great time to try out our [Avocado Smash](#) dip. Pairs perfectly with [pita crisps](#) or veggie sticks.

