

SOUTHERN CROSS EARLY CHILDHOOD SCHOOL

Respect | Resilience | Kindness | Creativity

NEWSLETTER 6 | MONDAY 1 MAY 2023

Dear families and friends

Welcome back to term 2 everyone! I hope you had a lovely break and enjoyed the magnificent weather that Canberra had to offer. The children have settled back into routines and learning, and our teachers have a busy and fun term planned for us all.

AFFILIATED SCHOOLS

Once again, we are partnering with the University of Canberra and the ACT Education Directorate to engage in the Affiliated Schools initiative. Last term we had UC tutorials and clinics held on-site and these UC pre-service teachers worked with our children in small groups each week. This term we shift our focus to our school-based action research with the support of our UC critical friend. Our focus is revise, develop and strengthen our play philosophy and to use evidence-based pedagogy and knowledgeable researchers in this field to help guide our thinking and practice. Next Friday, we have the expert Kath Murdoch here at our school and alongside staff from O'Connor Cooperative School and Narrabundah Early Childhood School, we will learn, reflect and engage in play and inquiry professional learning sessions.

2024 ENROLMENTS

Enrolments for the 2024 school year are now open. **Year 2 families** who are moving to an ACT public school in 2024 will need to enrol in this round that closes on 2 June 2023. Offers will be emailed from the 24 July from this first round. Enrolments made after this date will not be provided an offer until later in the year.

DATES TO REMEMBER

Thursday 4 May
Out of Uniform Day

Monday 8 May | 6.30
P&C Meeting

Tuesday 9 May
Out of Uniform Day – Guginya &
Wamburrang

Monday 15 May – Friday 19 May
Scholastic Book Fair

Wednesday 24 May | 9.15-10.00
Whole School Gathering -

Wednesday 24 May
National Simultaneous Storytime -
The Speedy Sloth

Monday 29 May
PUBLIC HOLIDAY
Reconciliation Day

Southern Cross Early Childhood School
Wirraway Crescent Scullin | ACT | 2614

☎ 02 6142 0020

🌐 www.scecs.act.edu.au

Southern Cross Early Childhood School acknowledges that our children learn on Ngunnawal Land



ACT
Government
Education

More information can be found here: <https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school/enrolling-in-kindergarten-to-year-12>

2024 Preschool enrolments also happen at this time. If you have a preschool child for 2024, please use the online form to enrol now. We have several Preschool 2024 School Tours available this week and next week. See our Facebook page or our school website page for further details. To book, please contact Nicole at reception.

More information can be found here: <https://www.education.act.gov.au/public-school-life/enrolling-in-a-public-school/enrolling-in-preschool>

BIRTH ANNOUNCEMENT

Our lovely Dee has had a beautiful baby girl, Mabel Flora. Mabel was born on Tuesday 28 February 2023. Dee and Patrick are settling into new routines and parenthood, and all is going well. A massive congratulations from our whole school community!



OUTDOOR LEARNING ENVIRONMENT

Thank you to everyone for your patience and understanding as we work hard to get all of our lovely spaces back up and running. Our lovely Balance Challenge Circuit is now open for play!

Awning for year 1/2: There was a delay in building materials arriving for our awning to be built in the April school holidays. Unfortunately, this means that this building work will be done during this term. The back of the year 1/2 classes will be sectioned off with fencing for approximately 2 weeks. We are hoping that this work will begin in week 3 or 4. We will work with the builders to minimise noise and have certain stages of the construction occur on weekends or before school starts at 9am. Arrangements for a new drop off and pick up location will be communicated to our year 1/2 families soon.



Warm regards

Kelly

FROM SOUTHERN CROSS

PROTECTIVE BEHAVIOURS

Over the next term, children across P-2 are going to be getting smarter about the big idea of personal safety. Protective Behaviours is an education program that provides children and carers with information and strategies on how to identify and deal with unsafe and threatening situations. Protective Behaviours consists of ten lessons which will be taught across the school as part of our social and emotional learning program.

Protective Behaviours Topics

Theme 1: We all have the right to feel safe at all times.

Theme 2: We can talk with someone about anything, no matter what it is.

Lesson 1 Theme 1	Lesson 2 Theme 1	Lesson 3 Theme 1	Lesson 4 Theme 2	Lesson 5 Theme 2
Feelings and feeling safe Rights of the child	Recognising early warning signs Early warning signs and safety	Risking on purpose and keeping safe Different people have different reactions	When to seek help Secrets	Networks Networks Invitation
Lesson 6 Theme 2	Lesson 7	Lesson 8	Lesson 9	Lesson 10
Review networks Asking for help Persistence	Public and Private Safe and unsafe touches	Relationships and personal space	Saying no Being assertive	Revision of themes and concepts

NATIONAL SIMULTANEOUS STORYTIME

National Simultaneous Storytime (NSS) is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country.

THE SPEEDY SLOTH

ABOUT THE AUTHOR

Rebecca Young is an award-winning author from Sydney. Her first book, *Button Boy*, illustrated by Sue deGennaro, was a Notable Book for the 2012 CBCA Awards and has been published internationally. In 2016, *Teacup*, illustrated by Matt Ottley, won the Patricia Wrightson Prize for Children's Literature in the NSW Premier's Literacy Awards.



ABOUT THE ILLUSTRATOR

Heath McKenzie is an award-winning children's book illustrator who has written and illustrated countless books for children. Heath lives in Melbourne with his wife, two kids, dog, and a fish that he considers more of a lodger than a family member.

SCHOLASTIC BOOK FAIR

Scholastic Book Fair is coming to Southern Cross Early Childhood School week 4 this term.

Book Fair is an opportunity to purchase new books direct from the school.

Books will be on display in the school library from Monday 15 May – Friday 19 May.

Two ways to purchase –

- Book Fair will be open for families 8.30-9.00am each morning, EFTPOS available
OR
- Children will come to the library with their class to look through the exciting options available to purchase. They will complete their **'Wish List'** which will be sent home to families with the online payment details. Families will pay for any books they wish to purchase online or by sending in the correct cash with their child, return the wish list along with payment details and we will then deliver the books to the children to bring home. If the book is sold out from the stock at school, we will place a back order and let families know.

A percentage of sales from Scholastic Book Fair is rewarded to the school which allows us to purchase further books and resources from Scholastic. Final day for ordering is Friday 19 May.

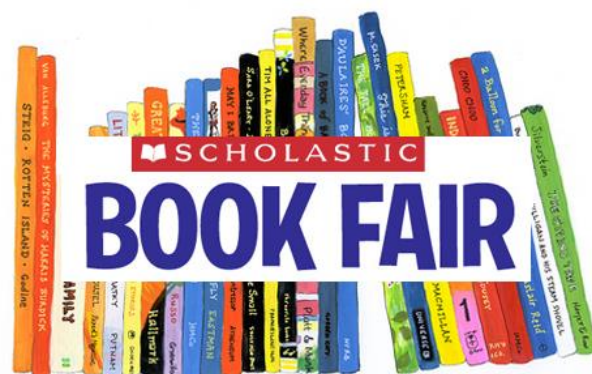
FROM ANGLICARE

BRIGHT STAR CAFÉ TERM 2 MENU

The Bright Star Café is now taking lunch orders for children attending Southern Cross Early Childhood School. Lunch orders can be placed using the Flexischools App or paying in cash at reception. Lunch orders consist of the meal of the day and a piece of fruit at a cost of \$6.00. The four-week rotating menu has been created using national nutrition guidelines with a multicultural and seasonal perspective. The menu is updated on the school website each term and can be found here

https://www.scecs.act.edu.au/our_school/bright_star_cafe

Download the Flexischools app from the App store or Google Play for details on how to set up your account.



Flexischools orders can be placed in advance, or orders can be made on the morning before 9:30am. Please note any allergies/intolerances when placing order.

SOUTHERN CROSS EARLY CHILDHOOD SCHOOL TERM 2 LUNCH ORDER MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1,5&9	Beef shepherd pie with couscous	Lamb & Vegetable Stir Fry with noodles	Chicken Curry with rice	Fried Tofu & Potato with green vegetables and bread	Lemon Fish with Penne pasta
Week 2, 6&10	Cauliflower, potato, & broccoli curry with Tacos bread	Chicken Pizza & Salad	Beef Bolognese on spaghetti with steamed vegetables	Lamb Korma with rice and mixed vegetables	Pink Salmon with broccoli & boiled potatoes
Week 3&7	Pasta in creamy tomato sauce with grilled vegetables	Thai chicken curry with rice	Grilled fish wrap with green vegetables, corn & potato	Beef meat loaf, green beans, cauliflower & potato	Lamb Rogan Josh with pasta
Week 4&8	Chicken à la King	Beef meat balls with spaghetti	Charred Lamb and pumpkin salad with maple dressing	Seafood Marinara pasta	Vegetable stir-fry rice with lentils

Please write any allergies on lunch order envelope. **Morning/Afternoon Tea is NOT included.** Lunch is served with a piece of fruit. As much as possible this menu will be adhered to but may change at short notice due to the availability of produce.

Vegetarian options are available daily if required.

FROM THE P&C

TRENDY THREADZ THURSDAY – OUT OF UNIFORM DAY

Southern Cross P&C are hosting an **out of uniform day** for all children at Southern Cross!

Thursday 4 May – Preschool to Year 2

Tuesday 9 May – Beginning of week Preschool.

Wear your trendiest and most comfortable threads for the day and bring a GOLD COIN

DONATION, money raised will be donated to Pegasus Riding School – Developing abilities in the ACT



ABOUT PEGASUS RIDING FOR THE DISABLED OF THE ACT

Pegasus is an iconic Canberra charity which exists to empower people to develop their abilities. Established in 1973, Pegasus is located at Pegasus Farm on the outskirts of Canberra, the national capital. Around 80 people each week with a disability participate in our horse-facilitated therapy programs. Pegasus would not survive without the support it receives from the community and more than 250 volunteers. Our sessions are offered in an integrated environment with participants placed according to their ability.

Why horse riding? Apart from being fun, horse riding helps to improve co-ordination, balance, muscle development and fitness. It also boosts confidence, self-esteem, communication skills, leadership and trust.

https://www.facebook.com/PegasusRDA/about_details

SCHOOL CLOTHING UPDATE

The P&C are pleased to let you know that our blue, long sleeve Polo shirts are back in stock (sizes 4, 6, 8 & 10). You can purchase new uniform either via the online shop <https://www.sustainableschoolshop.com.au/southern-cross-early-childhood-school/uniform-store> or cash payment using the printed order form available from the school.

The P&C have recently made the decision to discontinue selling the school beanie primarily due to the increased cost of this item. We have just two (size small) beanies left in stock for \$15, if you are interested in purchasing one, please email Samantha, our School Clothes Volunteer Coordinator scecsclathing@gmail.com.

P&C MEETING

The next P&C meeting will be held at the school on Monday 8 May at 6.30pm.

COMMUNITY INFORMATION

50 YEARS OF IMP

INSTRUMENTAL MUSIC PROGRAM

To celebrate 50 years of IMP 1973-2023 the program will be holding a reunion band event and concert on Sunday June 18 2023, at Llewellyn Hall, ANU School of Music.

Reunion band rehearsal 10.00-11.30am and concert 2.00-4.30pm

Former SCB – Senior Concert Band – students and staff are invited to join the band for the day.

Families, friends and colleagues of the program are invited to attend the free concert.

Follow our Facebook page – “50 years of IMP”.

Link to register for reunion band as a player

Link to access free concert tickets



<https://forms.gle/YHSBSrDEJw91DUtd7>

<https://www.trybooking.com/CGAJE>

INFLUENZA VACCINE FOR CHILDREN AGED 6 MONTHS TO UNDER 5 YEARS.

Children aged six months to under 5 years of age are eligible for government funded influenza ('flu') vaccine to help protect them from getting sick this flu season.

We know children under five years of age are at increased risk of severe illness from influenza including hospitalisation and, in some cases, death.

A yearly influenza vaccine is the best way to reduce the risk of your child getting sick with the flu. It is important to know that if your child is under the age of 9 years and is receiving the influenza vaccine for the first time this year, they should get two doses at least four weeks apart. Consider booking both appointments at the same time so that you don't forget the second dose.

If your child is aged 6 months to under 5 years, you can get the government funded influenza vaccine from your General Practitioner (GP) or an ACT Government Early Childhood Immunisation Clinic. Whilst the vaccine is funded, GPs may charge a consultation fee. To make an appointment at an ACT Government clinic, phone the Central Health Intake on (02) 5124 9977.

As the influenza season usually occurs during winter and spring, I encourage you to have your child vaccinated now. Influenza vaccine can be given at the same time as any recommended childhood vaccine.

We can all help limit the spread of respiratory illnesses in the community with our behaviour such as:

- Staying up-to-date with your vaccinations. Flu and COVID vaccines are separate but can be administered at the same time. Vaccination remains the best protection from serious illness and hospitalisation.
- Staying home if you're unwell. If you have COVID-19 symptoms, take a test. Even if the test is negative, remain at home until you're feeling better.
- Considering wearing a mask when entering public indoor settings or where it is difficult to maintain physical distancing.
- Practising good hand hygiene.

For more information about the Childhood Influenza Vaccination Program, please visit <https://www.health.act.gov.au/services/immunisation> and talk to your healthcare provider.

