

# Southern Cross Early Childhood School



Newsletter 13 | Monday 22 August 2022

Respect | Resilience | Kindness | Creativity

## DATES TO REMEMBER

**Monday 22 August – Friday 26 August**  
**SCHOOL PHOTOS**

**Monday 22 August**  
**Author Visit – Shelly Unwin**

**Tuesday 23 August**  
**BOOK WEEK PARADE**  
**Guginya & Wamburrang**

**Wednesday 24 August | 8.15-9.00**  
**Community Gathering**

**Wednesday 24 August | 9.10-9.30**  
**BOOK WEEK PARADE**

**Wednesday 31 August | 12.00-1.30**  
**Christian Education in Schools**

**Friday 9 September**  
**Staff Planning Day**

Hello families and friends,

Welcome to week 6 everyone! What a busy week we have planned here at school. Book Week celebrations are happening across the week and school photos are also being taken by Authentic School Portraits. More information follows.

**Monday 22 August** - Shelly Unwin – Local Author Visit

Shelly Unwin came to visit our kindergarten and year 1/2 classes today. Shelly involved the children in a highly engaging session today where our children explored two of Shelly's books, *There's a Baddie Running Through This Book!* and *Blast Off!* The children created their own 'baddies' on wanted posters and discussed what it is like being an author. Shelly is a successful author who lives here in Canberra. Please see information below about Shelly and the books she has written.

## Shelly Unwin

I am an Internationally published picture book author with books in North America, Europe and Australia. I love to write books that resonate with children's interests and sense of adventure.

My books include:

*Hello, Baby!* Allen & Unwin and Little Genius Books,  
*You're One!* and *You're Two!* Allen & Unwin and Doubleday Books,  
*There's a Baddie Running Through This Book!* Allen & Unwin and  
*Blast Off!* Penguin Random House



**Tuesday 23 August** – Guginya and Wamburrang's Dress Up and Parade

**Wednesday 24 August** – Community Gathering (8:15-9am), Kindy, Year 1/2, Bunduluk and Dnnawan's Dress Up and Parade (9:10am)

I would like to thank Emily T and Belinda for all their organisation for our book week celebrations.



Southern Cross Early Childhood School

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Web: [www.scecs.act.edu.au](http://www.scecs.act.edu.au)

Southern Cross Early Childhood School acknowledges that our children learn on Ngunnawal Land.

## Science Week

Last week each class engaged in learning about *Glass: More than Meets the Eye* for Science Week. Children across the school explored glass and light, looking through glass and making and using glass. Lisa also focused on the theme as she taught science across K-2 in week 5. How lucky are we to have a science teacher!! Thanks to Johnathan, Kellie and Lisa for coordinating all of the learning for Science Week.

## Staff Planning Day

Just a friendly reminder for everyone that our second staff planning day is fast approaching. On Friday 9 September (week 9), we are asking families for their support to allow our teaching and support teams to continue their collaborative planning, assessment and administrative work that allows our staff to provide highly engaging learning for the children in the classroom. We do understand the impact of these planning days and we would like you to know that we appreciate all of your continued support.

Warm regards,

Kelly

# From Southern Cross

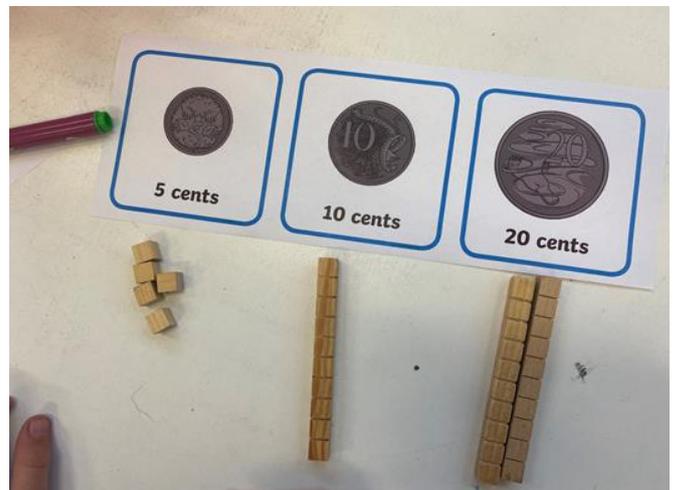
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## Numeracy in Year 1/2

In maths, the year 1/2 children have been focusing on the topic of money.

Some of the things we have been learning include:

- The value of coins is not related to size
- Coins have features that make it possible to identify them
- Coins are different in different countries
- Counting collections of coins to work out how much there is
- Working out what coins you would need to buy something



## What do you know about money?

I know that if you get two fifty cents together, then you get one dollar. A hundred cents equals one dollar- **Paridhi**

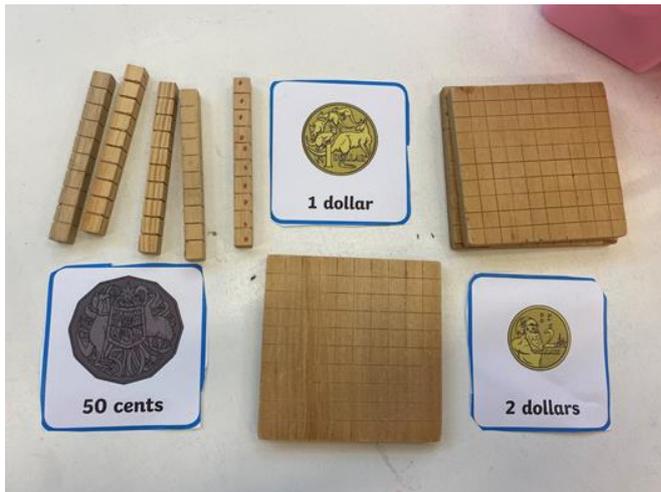
Five cents is worth the least. Two dollars is worth the most (of Australian coins) - **Ruby**

Cents is not as valuable as dollars - **Lorenzo**

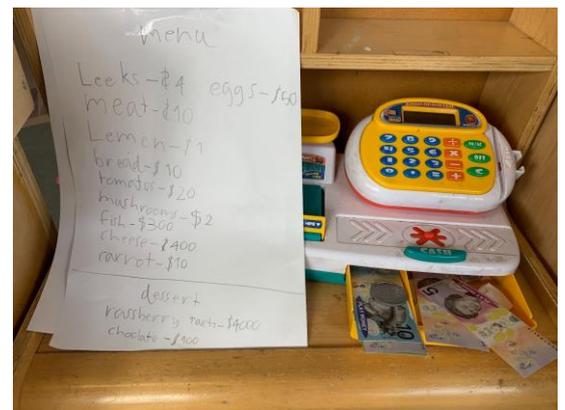
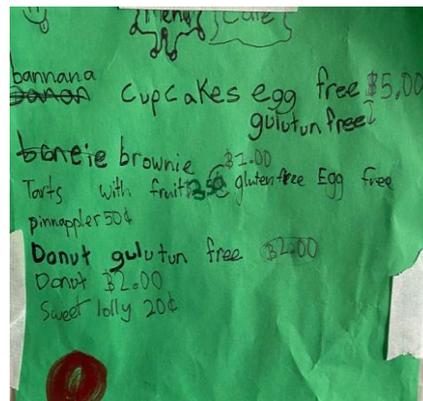
Some of the coins have animals on them, representing Australia - **Kadija**

Other countries, like China, you could have a 1000 note but it could only be worth \$10 or \$1 - Lino

A dollar is 100 cents - Eli N.



The children have been using opportunities in Play Workshop to practise using their money skills. There have been jewellery shops, food stores and ticketed performances!



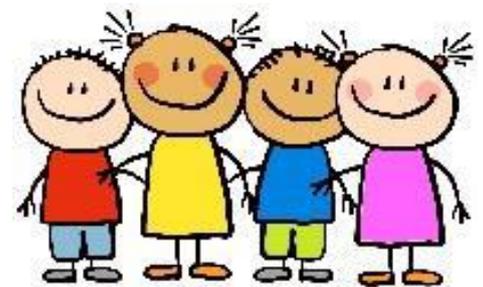
## UR FaB Understanding and Responding to Feelings and Behaviours

### Child and Adolescent Mental Health Services (CAMHS)

Hello from the **UR FaB Team**,

In order for children to learn to manage strong emotions they first need to develop the ability to name and understand their emotions. The ability to identify and understand your own emotions and then to use your emotional awareness to guide your problem solving is known as emotional intelligence. The UR FaB program is based on the research that having good emotional intelligence is associated with greater life satisfaction, better relationships, and lower rates of psychological difficulty.

Emotional intelligence is fostered by **emotion coaching** (drawn primarily from the work of John Gottman); and is a style of parenting which research has shown supports the development of children's emotional intelligence.



[Gottman, J.M., & DeClair, J. 1997.](#) The Heart of Parenting: Raising an Emotionally Intelligent Child. New York: Simon and Schuster

Emotion coaching is helping children understand the different emotions they experience, why they occur, and how to handle them. In the simplest terms, you can coach your child about emotions by comforting them; listening and understanding their thoughts and feelings and helping them understand themselves. As you do this, your child will feel loved, supported, respected, and valued. With this emotionally supportive foundation, you will be much more successful at setting limits and problem solving.

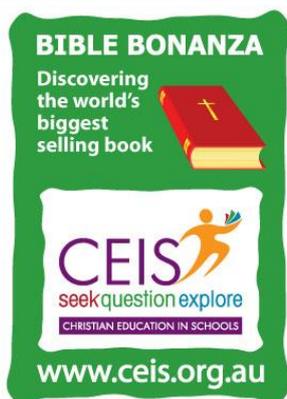
Here are some questions and statements that will help you get started:

- Are you feeling.....? (Then give 2 choices, sad or mad? Afraid or sad?)
- What is making you.....mad? sad? happy?
- What kind of day are you having? A happy day? A sad day?
- Did somebody hurt your feelings? What happened?

Emotion coaching teaches children that we respect how they feel and while all emotions are okay, not all behaviours are okay!

Havighurst, S. & Harley, A. [Tuning in to Kids.](#) University of Melbourne

The UR FaB Team



## CHRISTIAN EDUCATION IN SCHOOLS

### Term 3 – Bible Bonanza

This session will creatively reflect on God's continual presence, love and rescue as part of the one big rescue story of the Bible.

**Only students with permission will attend.**

Christian Education In Schools (CEIS) occurs because parents request it for their children, under ACT legislation. Sessions are coordinated by the CEIS project, using approved resources and volunteers. If you would like to add your child to the existing attendance list print off the section below and return it to the school or request online at

## Children's Book Week - Book Week Parade

Every year, the Children's Book Council of Australia brings children and books together in celebrating CBCA Book Week. It's a time for schools, libraries, booksellers, authors, illustrators, children and families across the country, to recognise our wonderful Australian children's literature. This year, Book Week is August 20-26.

Our very popular **Book Week Parade will begin at 9:10am on Wednesday 24 August on the blacktop.** Children in P-2 and the Anglicare groups are all invited to dress up as a favourite book character and join in the fun. Families are invited to come along to our community gathering from 8.15-9.00am.



As this is an outside event, it will be dependent on the weather, and it will follow the community gathering.

Beginning of the week preschool groups, Guginya and Wamburrang, will have their own special parade around the school on **Tuesday 23 August at 9:30am**.

## Book Week Competition

We will also be holding a Book Week competition!

The children in the Southern Cross community are invited to share one of their favourite books that they think everybody should read and why they think people should read it.

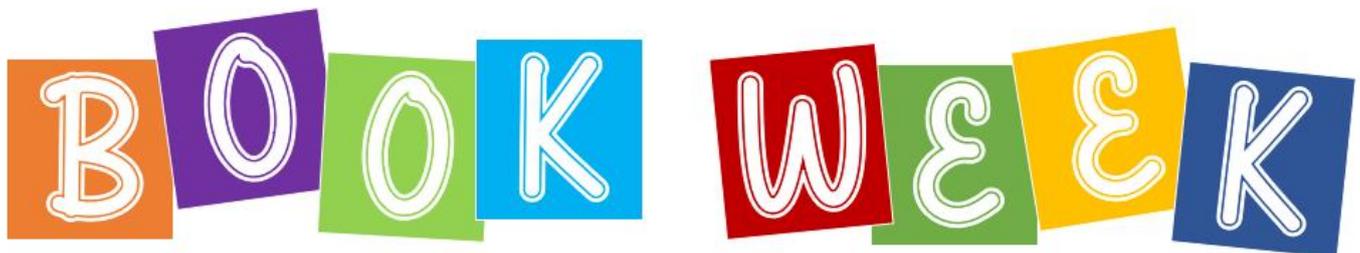
This could be

- Drawing a picture of the book or a character
- Writing a book review
- Making a model of something from the book.
- Anything else you can think of!

Each entrant will receive a ticket in the lucky draw to win a prize.

Entries can be sent to [emily.tanner@ed.act.edu.au](mailto:emily.tanner@ed.act.edu.au) or [belinda.smith@ed.act.edu.au](mailto:belinda.smith@ed.act.edu.au) and must be received by Friday or handed to your child's teacher. Please include your child's name and their class name.

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# Community Gathering

Wednesday 24 August, 8.15-9.00am, K-2 Blacktop  
Come along and celebrate Children's Books with us.

☺ Shot Clock coffee van onsite!

PARADE TO FOLLOW! - 9.10am



# From Anglicare

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## SOCKABLE Funky Fundraising Socks

Anglicare are currently fundraising towards the purchase of a set of puddle suits for each of our rooms to further support our commitment to ensuring children have the opportunity to engage in outdoor play in all weather.

We have just launched our fundraiser with Sockable! You can follow the link below to buy a pair of bright and cheerful socks.

<https://sockable.com.au/collections/anglicare-at-southern-cross-early-childhood-school>



Buy them for yourself, your friends, your family or your work mates - everyone needs socks, and these super cool socks are a great way to brighten someone's day!



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## Southern Cross P&C

### Vacant P&C Positions- please join us!

**Treasurer:** Our wonderful treasurer is leaving the school at the end of 2022 and we need to handover the role in Term 4. No need to have any finance experience, and there will be time to learn from the current Treasurer on what's involved.

**Second Hand Clothes Coordinator:** We have a vacancy to help manage our online shop for second hand uniforms. This important role helps ensure low-cost uniforms are available to families at SCECS.

If you are interested in either of these roles- please email us at [scecsbandc@gmail.com](mailto:scecsbandc@gmail.com)

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### About the P&C

The P&C is a group of parents and carers who meet twice a term to discuss all relevant issues, achievements and the progress of the school and the students. Our meetings are casual and relaxed. We enjoy the interaction they allow us to have with each other as parents and also with the very dedicated and supportive staff from the school. It is a great way to keep up to date with what is going on in and around the school and to be part of your child's school life.

## Parent/Carer engagement survey

The P&C are interested in hearing how you would like to be engaged in the SCECS/Anglicare school community. We'll shortly be sending out a survey to ask for your views and would greatly appreciate if you can feed into this process.

Thanks for your support!

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## Walk on The Wild Side Walk-a-thon

We are looking forward to hosting the **Walk on The Wild Side Walk-a-thon** in week 9.

This year we have heard how much the kids LOVED last year's walk-a-thon (the stamps were a HUGE hit) and how much they have missed discos! So we decided to combine the two and add in crazy hair for good measure!

Funds raised this year will go to further improvements to our outdoor learning environment. We are aiming for \$3000 this year.

Last year, our much-loved walk-a-thon raised over \$4000, which went towards the purchase of our wonderful new in-ground trampolines.

### When:

**Tuesday 13 September** (whole school and start of week preschool, Guginya & Wamburrang)

**Thursday 15 September** (end of week preschool, Bunduluk & Dnnawan)

### What does it involve?

Get your kid's ready with their craziest hair - walk-a-thon is back with a crazy hair twist and an outdoor disco at the end to top it off!

Children will have a break from learning at around 9:30am and get outside for some fresh air (and hopefully sunshine) to do laps of the school! Kids get a stamp on their hand for each lap, and finish up with a small treat (dietary requirements will be catered for). This will be followed by an outdoor disco and some dancing fun on the black top area of the playground, for a fun end-of-term celebration.

### How can I sponsor my child?

As with last year, we have set up our online donation platform at <https://www.sustainableschoolshop.com.au/southern-cross-early-childhood-school/custom-store/scecswalk>. Please pass the link on to friends and family as well!

Look out for envelopes in your children's bags for cash donations that will come home this week. More envelopes will be available from Nicole at the school reception if your envelope goes missing. Please return envelopes to school reception by **Friday 9 September**.

### How can I volunteer to help?

We really need volunteers to help this event be successful! Volunteers are needed to stand at checkpoints and record laps with stamps! Please sign up online: <https://signup.com/go/oafnUsf>. Note: your email address is not shared with anyone. If you prefer not to use your email address, please contact us and we can sign you up manually.

Thanks for supporting this event! If you have any questions please email [scecsbandc@gmail.com](mailto:scecsbandc@gmail.com).

We can't wait to see your kid's crazy hairstyles!

Thanks  
Patty and Katherine  
Co-Presidents, SCECS P&C

## Community Information

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**I NEED SOME SUPPORT BUT I DONT KNOW WHO TO CALL**

**HAVE YOU TRIED PARENTLINE ACT?**

**parentline**

**PARENTLINE ACT**  
**PHONE COUNSELLING AND SUPPORT FOR ALL**  
**CARERS IN THE ACT AND SURROUNDS**  
Call 02-6287 3833 for more information

# Shelly Unwin is coming to Southern Cross Early Childhood School !



Shelly Unwin is an internationally published children's author, speaker, chapter coordinator for SCBWI ACT and Australia Reads Ambassador.

Shelly is the author of *Blast Off!*, a narrative non-fiction space adventure, illustrated by Ben Wood, *There's a Baddie Running Through this Book*, illustrated by Vivienne To, and her latest release *Hello, Baby!* illustrated by Jemma Robaard.

Described as 'effervescent' and commended for leaving the students abuzz, Shelly is quickly making her mark in the industry for sharing her contagious joy of books.



## TO ORDER

- SCAN THE QR CODE OR VISIT [WWW.SHOP.BOOKCOW.COM.AU/C/SHELLY-UNWIN](http://WWW.SHOP.BOOKCOW.COM.AU/C/SHELLY-UNWIN)
- ADD YOUR CHILD'S NAME AND CLASS IN THE ORDER NOTES
- AT CHECKOUT SELECT 'SHELLY UNWIN' FOR PICK UP

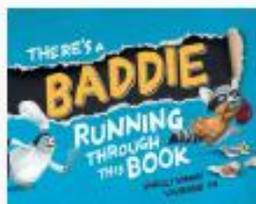


**Order by Friday 19 August to have your books personally dedicated to your child and available when Shelly visits on Monday 22 August.**



An adorable picture book that celebrates the arrival of a new baby, with gorgeous illustrations by the bestselling illustrator of *It's Not Scribble to Me*. **\$19.99**

Rocket through the solar system in this funny, fact-filled whirl around the planets. Join two junior astronauts as they discover what makes each planet unique and what might happen if you were to get too close. 'You couldn't land on Mercury -the heat would burn your bum!' **\$19.99**



A fast-paced story about a baddie on the run and a playful text that invites the child and reader to interact with the book reminiscent of children's classics such as Richard Scarry's *Great Big Air Book* and Nick Bland's *The Wrong Book*. **\$19.99**

**The Book Cow**

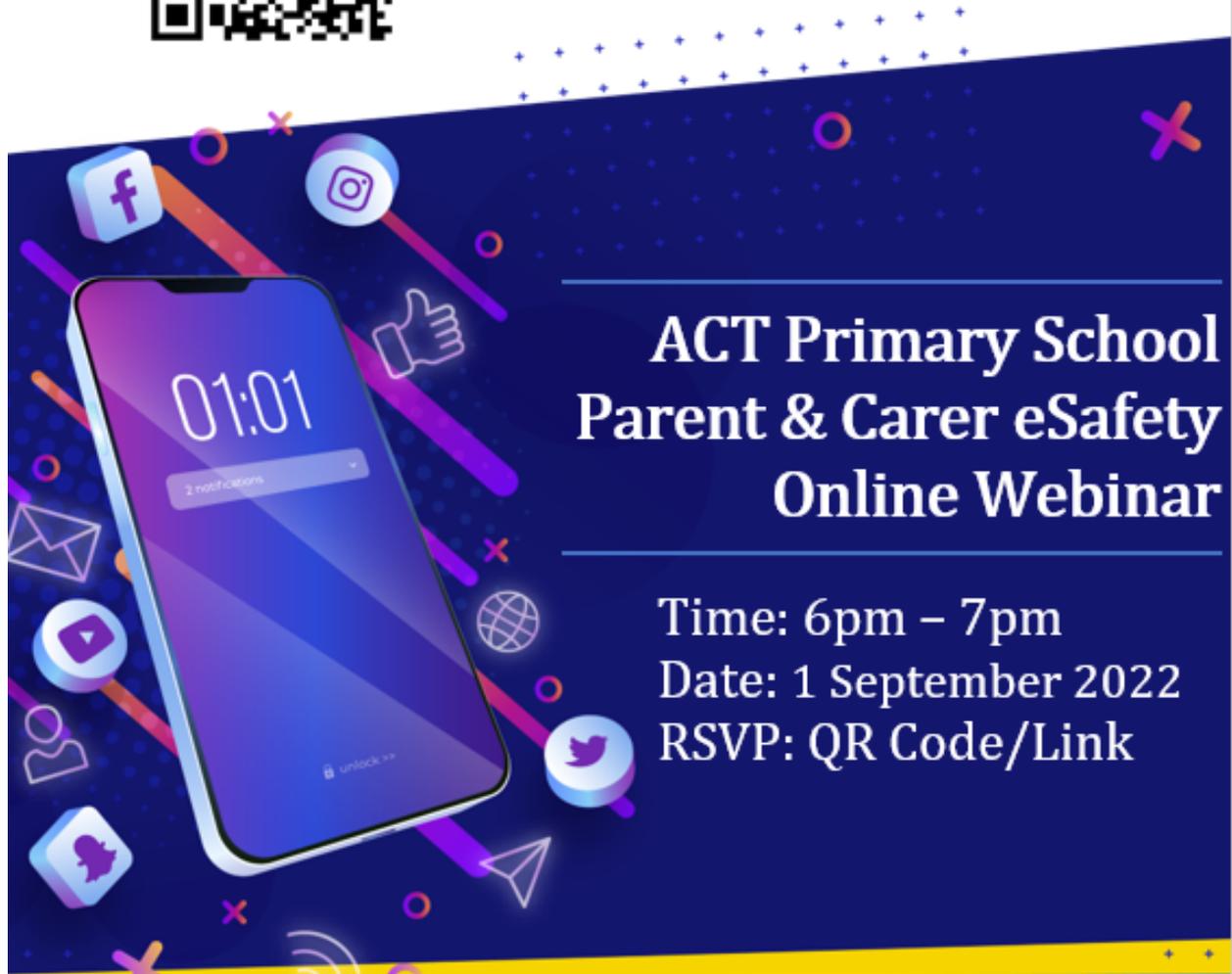
47 Jardine Street KINGSTON [www.bookcow.com.au](http://www.bookcow.com.au) Ph 02 5100 2730

Canberra's newest, independent bookshop - selling pages for all ages



RSVP using the QR Code or Link:

[bit.ly/3nIdMIP](https://bit.ly/3nIdMIP)



## ACT Primary School Parent & Carer eSafety Online Webinar

Time: 6pm – 7pm

Date: 1 September 2022

RSVP: QR Code/Link

### Topics:

- Understanding eSafety issues impacting young people
- Hard to have conversations with your child
- Where to go and how to report when things go wrong
- Current Trends and Updates