

# Southern Cross Early Childhood School



Newsletter 19 | Monday, 2 December 2019

## DATES TO REMEMBER

**Monday 16 December | 2.00-3.00**

**Year 2 Graduation**

**Tuesday 17 December | 5.00-7.00**

**End of Year Celebration**

**Wednesday 18 December | 9.15-10.00**

**Whole School Gathering - Kindergarten**

**Wednesday 18 December | 10.00-11.00**

**Volunteers Morning Tea**

**Thursday 19 December**

**Last Day of School**

**Monday 3 February 2020**

**Beginning of week Preschool and  
Kindergarten start school**

**Tuesday 4 February 2020**

**Years 1 and 2 start school**

**Thursday 6 February 2020**

**End of week Preschool start school**

Dear Families

## Meet your Teacher Afternoon

Thank you to our families who were able to join us for Meet your Teacher Afternoon last week. If you were not able to join us please see Nicole at reception to find out who your child's teacher will be.

## Holiday Reading (and writing) Challenge

Our holiday reading (and writing) challenge is on again for families returning to Southern Cross in 2020 to take part in over the break. We are challenging our families and children to keep reading and writing over the holidays and want to see our Southern Cross children "Reading and Writing in the Wild!" The Challenge is attached to the newsletter and we will also email it to you and put it on Facebook. All entries will go in a raffle to win a \$50 Hoyts movie or Dymocks bookstore voucher!

## Last Day of School - Weather

As it looks as though Thursday will be a tad warm to say the least, we will be spending most of the middle of the day inside. Please send your child with a spare set of clothes and a towel so that we can get wet to cool off as required.

## All the best for the holidays!

To our wonderful Southern Cross families, it has been a privilege to share your child's education journey over the course of 2019. To our families moving on in 2020, I wish you all the very best for the new year and your new school. To our returning families, I hope that over the break, as a family you will be able to spend some time together with extended family and friends, relaxing and recharging for the year ahead.

I look forward to seeing you at the End of Year Celebration tomorrow! From all of us at Southern Cross we wish you a safe and happy holiday!

Kind regards,  
Lyndall



Southern Cross Early Childhood School  
Wirraway Crescent Scullin | ACT | 2614

☎ Telephone (02) 6142 0020

✉ Email: [info@scecs.act.edu.au](mailto:info@scecs.act.edu.au)

🌐 Web: [www.scecs.act.edu.au](http://www.scecs.act.edu.au)

Southern Cross Early Childhood School acknowledges that our children learn on Ngunnawal Land.

# From Southern Cross

Southern Cross  
Early Childhood School



## End of Year Celebration

Tuesday 17 December 2019

5.00pm – 7.00pm

*Children from Anglicare to Year 2 will be performing some of their favourite songs.*

*What to bring: A picnic dinner (no nuts or alcohol please) and a rug or chair.*

*The P&C will be running a sausage sizzle on the night.*

*Please note: Families have duty of care at this event and please be mindful of our neighbours when parking.*

### Environment Courtyard

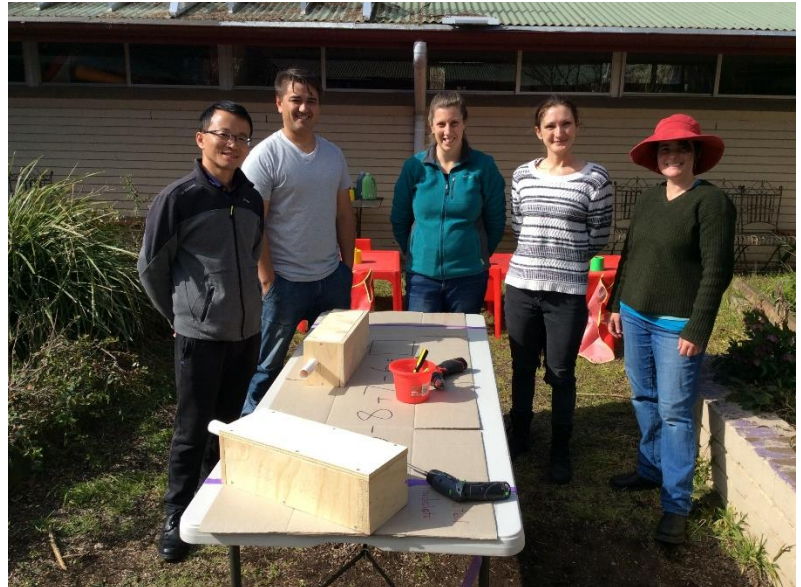
Thank you to our wonderful parents and carers in the Green Team for their support over the year. The Green Team worked hard developing new ideas for our Environment Courtyard as well as changing the garden beds and adding creative play spaces for the children. If you are interested in gardening and would like to help out with the garden spaces across the school next year, please see Jason.



## Thank You to our 2019 Volunteers

It would be very difficult to run our school community events and programs without the help from our parent and carer volunteers. Whether it was running parent workshops, attending excursions, reading with children, fixing bikes at Bike and Kite Day or being involved in the many roles of the P&C, we appreciate your help. We would like to invite all our volunteers to come along this Wednesday to the staffroom at 10.00am after our Whole School Gathering to enjoy a yummy morning tea. We hope you are able to attend.

Thank you 😊



## Helpful Hints for Home

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If you are looking for things to do and play in the holiday here are some ideas to inspire your family fun time.

### Literacy based board games

- Bananagrams (word game)
- Junior scrabble (word game)
- Boggle (word game)
- Guess Who (oral language)
- Spot it (oral language)
- Scattergories Junior (oral language, categorising)

### Numeracy board games

- Uno (colours and number identification)
- Yahtzee (lots of maths including chance, addition, multiplication and mental computation)
- Dominoes (number identification)
- Rummio (sequencing)
- Tri-ominoes (special awareness and problem solving)
- Bus Stop (simple addition and subtraction)
- Monopoly (money, addition)

## Creative play

- We all love to go back to our childhood and play with playdough. Here is a link to a quick and easy no cook recipe for making playdough with the children.
- <https://www.bestrecipes.com.au/recipe/no-cook-play-dough-L2119.html>
- Keep your recycling to have box construction at home. If you have large boxes these are great for creating cubby houses.
- Messy Play – have time outside for messy play, this could include finger painting, shaving cream play, water painting, bubble painting, making a garden, digging and building art work with natural materials
- Build a cubby house inside or outside for imaginative play
- Creative cooking – create a new recipe for a snack or meal
- Sewing or threading – this is creative but also fantastic for fine motor skills

## Device Time

There are always going to be times where the children want to be in front of a device for some down time. It is the generation they are growing up in and if managed right can have a lot of learning as well. Here are a few apps used at school



Teach monster



Book creator



Eggy words



Pic collage

Have a fantastic break over the holidays and enjoy creating wonderful family memories together.

## Be You

### Bunduluk & Dnnawan End of Year Playdate

It was a wonderful day at the pools.

We would like to personally thank Alisha & Skyla for joining us for a fantastic swim and lunch in the sun.. We wish all our friends from Preschool a safe and happy holidays and we'll see you next year 🤗





# Community Hub

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## Story Time

Our final Story Time for the year will take place this Thursday at 9:00am in the school library. If you have a child under the age of five please come along and bring your favourite children's book to share.

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## Stay and Play and Read with Me Café

Stay and Play and Read with Me Café have finished for the year but will start up again in 2020.

**Stay and Play:** Wednesday 5 February 2020 - 9:00am to 11:00am

**Read with Me Café:** Friday 14 February 2020 - 8:00am to 8:55am in the library

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## Circle of Security Parenting Program 2020

In Term 1 2020, the Belconnen Community Service will run the Circle of Security Parenting program at Southern Cross Early Childhood School.

Below is a brief explanation about the program from the Circle of Security International website –

<https://www.circleofsecurityinternational.com/for-parents>

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Using the COS-P model developed by the Circle of Security originators, our trained Facilitators work with parents and care-givers to help them to:

- Understand their child's emotional world by learning to read emotional needs
- Support their child's ability to successfully manage emotions
- Enhance the development of their child's self esteem
- Honour the innate wisdom and desire for their child to be secure.

## Details of the program are as follows:

### Circle of Security Parenting - Eight-week program

**When:** Tuesdays - starting 11 February 2020

**Where:** Southern Cross Early Childhood School

**Time:** 9:30am to 11:00am

**Who:** Parents and carers who have children under five years of age

**Childcare:** Not available

Places are limited, so if you are interested please contact Jason Thornton by email [jason.thornton@ed.act.edu.au](mailto:jason.thornton@ed.act.edu.au) or phone 6142 0020.

# Anglicare

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Thank you so much for your kind donations towards Anglicare's Christmas Appeal. These have been sent to Gordon Community Centre, where needing families and the vulnerable in the community can pick up hampers to support them at this tough time of year. Some of the donations have also been sent to the South Coast where people are suffering due to the ongoing fires burning. Your generosity really does support people in need, and on behalf of Anglicare, I thank you so much.

## Community Information

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### ACT Nutrition Support Service

#### Get into the festive mood with our easy treats



**Cinnamon crisps** - Cut up pita bread, spray with olive oil, sprinkle with cinnamon sugar and bake until crispy.



**Christmas tree bruschetta** - Cut bread into triangles, spread with avocado and top with red capsicum and cherry tomatoes. Cut a cheese star using cookie cutters and place a breadstick at the base.



**Strawberry Santas** - Mix smooth ricotta with a little honey and vanilla and spoon in place. Add currants for Santa's eyes.



**Christmas tree skewers** - Cut up kiwi fruit and strawberries and layer on a skewer.



Nutrition Australia's Healthy Lunchbox Week occurs just in time for back-to-school.

Be sure to stay tuned on social and visit our Healthy Lunchbox Week website for recipes, tips and ideas.

[www.healthylunchboxweek.org](http://www.healthylunchboxweek.org)

### Lunchbox preparation workshop - Thursday 23 January 2020

We have joined forces with Foodish Cooking School to deliver a hands-on lunchbox preparation workshop tailored for families. Held at the Foodish Cooking School, our nutritionists will guide you through some lunchbox meals and snacks that are nourishing, tasty, simple and will be loved by the entire family.

If you are in need of some lunchbox inspo then this session is a must!

[Click here](#) to learn more and book your place.

Supported by:



### School Holiday Cooking Workshops

Nutrition Australia's half-day Project Dinnertime Junior cooking classes are back for the summer holidays. Select individual days or book in for the whole week.

Week 1: Monday 13 January to Friday 17 January 2020

Week 2: Monday 20 January to Friday 24 January 2020



[Click here](#) to find out what we are cooking and book your child's spot.

## Reading (and writing) in the WILD! @ Southern Cross Early Childhood School

We love it when our children go crazy about reading and writing. In how many places can you read and write over the holidays? Bonus entry if you complete all 20!!!

Read to or with another person	Read in bed	Write a shopping list	Facebook Reading Challenge 1 - Check out our Facebook page in the week of 30 December 2019 for your reading challenge	Read in the car
Play a game like Scrabble, Boggle or Find a word	Read in a blanket fort	Follow and cook a recipe	Read to a toy	Read on the lounge
Read in a park or playground	Read some instructions for a game or to make something	Write a recount of your day	Read or listen to a story or a podcast on a device	Read with a torch
Read while you are waiting in a restaurant or for an appointment	Facebook Reading Challenge 2 - Check out our Facebook page in the week of 13 January 2020 for your reading challenge	Choose a crazy place to write and write anything!!!	Read something you would not normally read	Read at the pool

Get your adult to take photos of you read and writing in as many places as possible and bring them into Lyndall for a chance to win a Dymocks or Hoyts gift card. Entries are due by Friday 7 February 2020.